



contemporary

Congregation Olam Tikvah

3800 Glenbrook Road Fairfax, Virginia 22031

www.olamtikvah.org

(703) 425-1880



13 Nisan 5767

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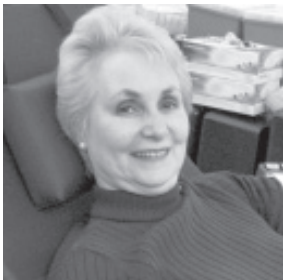
April 1, 2007

Blood Drive

Sunday, June 3, 8:00am-1:00pm

By ANN ELLEN FELTCORN

Blood Drive Coordinator



Olam Tikvah and patients at Fairfax County hospitals need your help. The substantial blood needs of our hospitals are not always met. Sometimes elective surgery must be postponed because of the need for more blood.

One donation serves three people. By giving up just one hour of your time, you can be a hero to three

people! Wow! It's a mitzvah. On top of that, we give you juice and cookies, and even fresh fruit.

Please join the ranks of your fellow congregants who give a little of themselves so that all of us are assured that INOVA always has the blood it needs. None of us knows who may need it next.

To make an appointment for June 3, pull your name card from one of the file boxes in the lobby and put it into the box with the slot on top. You will be called to set a time that is convenient for you. If you are unable to move your card but would like to donate, contact AnnEllen Feltcorn.



Judy Werbel (top) and Stan Schretter (bottom) donating blood.

Photos by Mark Weber

See BLOOD DRIVE, p. 10

This Just In

Sukkot In April

We also need some unskilled volunteers for the preceding Thursday and Friday, April 26 & 27, before Shabbat, to help box items and move furniture in preparation for painting on the 29th.

Help turn a "neglected" house into a "cared-for" home...

Sunday, April 29

Do you have skill in home repair?
Can you do yard work?
Can you paint?
Will you help clean?

Do you have no skills, but are willing to help?

"Sukkot in April"

If you answered "yes" to any of the above,
WE NEED YOUR HELP ON APRIL 29

For the 5th year, the OT Social Action committee is sponsoring this worthwhile project of helping elderly, disabled and other adults in need.

Volunteers are needed for:
Morning shift (8:00am– noon),
Afternoon shift (noon–4:00pm) and
Clean-up shift (4:00-7:00pm).

Please consider joining us this year as we work, eat, schmooze and join together for tikkun olam!

Please contact Eric Rothberg,
(703) 425-8120 or
ericandrachel@verizon.net,
to sign up!

Please drive under 25 MPH on Glenbrook Road.

See SOCIAL ACTION, p. 10

PRESIDENT'S MESSAGE

Want to talk to the President?
 Phone number, (703) 912-3946; E-mail, president@olamtikvah.org

Joining In

By FRED COOPER,
President



Photo by Susan Coren

What makes Pesach an OT kind of holiday is that it is so participatory. Everyone at the Pesach table gets to do something—from chanting the four questions, to opening the door for Elijah, to building a Hillel sandwich.

When it comes to our religious life, we are a participatory community. That thought should have occurred to me during last month's amazing "wild west" Purim celebration, but a recent non-b'nai mitzvah Shabbat service made even more of an impression, as I observed that more than 20 congregants had a role at the reader's desk or on the bima, including half a dozen Torah readers, the Haftarah reader, the four people who chanted the parts of the service, the Torah lifters and rollers, the gabbaim, etc. That was about 10 percent of the congregation that Saturday, and to a large extent it was a different 20 people from those who did the same things at the service the week before.

In the words of a United Synagogue publication: "The role of the spiritual community is to find ways to welcome each spiritual seeker, to nourish their spiritual needs and to encourage and support their spiritual journeys." OT's professional and volunteer leadership has long believed that providing egalitarian services where everyone is encouraged to participate at whatever level they wish is fundamental to creating our welcoming worship community. As a practical matter, our large corps of lay prayer leaders makes it possible for us to have a full schedule of daily, Shabbat and holiday services.

Of course, participation doesn't just mean what you do at the readers' desk or the bima. A musician who visited our congregation after a long hiatus commented she didn't realize how much Olam Tikvah members enjoy singing.

Our Ritual Committee works hard with our rabbis to make our services inviting of participation. It is really pleasing to know that the committee maintains long rosters of members who wish to read Torah or lead services, and it is especially wonderful that those lists include several teenagers, whose b'nai mitzvah were not long ago. New faces—and voices—are also welcome: just let the committee or the rabbis know you are interested.

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***We're Building,
 and We Need Your Help!***



The Capital Campaign is looking for your participation.

- ◆ New Pledges Welcomed!
- ◆ Add a sixth year to your five-year pledge.
- ◆ Significant dedication opportunities are still available.

For information, please call Bill Behrmann, (703) 451-5130, or Shelly Palley at the OT office.

FROM THE RABBI'S STUDY

Learning From and With Our Kids

By RABBI JOSHUA BEN-GIDEON

Every time I teach here at Olam Tikvah, I learn—not only while making my preparations, but also in the dialogue that constitutes a good class. I want to share with you two examples of how I have learned with and from our kids over the past few months.

This year (and next year as well) I am teaching the Shabbat morning T'filah to our seventh graders. We were looking at the brachot between the *Barchu* and the *Sh'ma* in *Shacharit*. When we daven these blessings, we begin by praising God for the light of creation and proceed to bless different aspects of creation, until we praise God for the new light (*Or Hadash Al Tzion Ta'ir*), which is Torah. As the class discussed the strong connection between our t'filot and nature, one student asked, "Can you believe in religion and believe in science at the same time?" This is a pertinent question today, especially given the simplistic way in which the mass media tends to overgeneralize its coverage of religion.

We explored possible answers together. We began by looking at the Psalms, to see how much the authors of the *Tanakh* look to nature to understand God. We realized that there is no better way to understand the Creator than to look at what has been created. By exploring nature, we can understand God better. Further, understanding human capabilities and limitations—understanding human nature and ourselves—also helps us to understand God, due to the spark of divinity we all contain, being created in the image of God. We concluded that one of the ways toward God is through exploration of our world, and this journey is certainly aided by science.

In our expanded Post-Confirmation (now called Pre-College) class, which meets approximately twice a month, we have been enjoying an ongoing conversation about a series of issues. We use the text *Jewish Wisdom*, by Rabbi Joseph Telushkin (if you do not own a copy, I suggest you take a look at it). Rabbi Telushkin examines a number of issues of the day—examples include everything from arguing "ethically" to when is anti-Zionism actually anti-Semitism. He does so by laying out major Jewish sources from the *Tanakh* to the *Talmud*, as well as sources from the secular and non-Jewish world, and presenting an essential Jewish argument based on them and logic. The goal is to give our kids who are heading off to college serious Jewish answers to some difficult questions.

Both of these opportunities have been fulfilling for me. I appreciate not just how smart and articulate our young people are, but also how much they desire to find personal answers within our tradition to some of the big questions in life.

Shalom,
Rabbi Joshua Ben-Gideon



Photo by Kitty Timmes

JEWISH THEOLOGICAL SEMINARY

Jewish Theological Seminary (JTS) Tribute Dinner

By KEN COHN,

Northern Virginia JTS Committee

Olam Tikvah is proud to honor Neil Schlusel, recipient of the JTS Community Service Award for 5767, and Rochelle Goldberg, who will receive the JTS Young Leadership Award.

Neil and Rochelle will be recognized, together with recipients from the other Northern Virginia USCJ congregations, at the Annual Northern Virginia Jewish Theological Seminary Tribute Dinner, to be held on April 29, at 5:30pm, at Agudas Achim Congregation, 2908 Valley Drive, Alexandria, Virginia. The featured speaker at the event will be Rabbi Leonard Sharzer, MD, Fellow of the Louis Finkelstein Institute for Religious and Social Studies, JTS.

RSVP by April 20, 2007. Couvert: \$125 per person. Please send your reservations and check, made payable to The Jewish Theological Seminary, to:
Stacy and Gary Zuckerman
Northern Virginia JTS Dinner
The Jewish Theological Seminary
The Pavilion
261 Old York Road, Suite 617
Jenkintown, PA 19046-3718

For more information, please contact Rickey Goodman, Director, JTS Mid-Atlantic Region, (215) 376-0474 or rigooodman@jtsa.edu, or call Ken Cohn, (703) 426-9568.

Olam Tikvah is extremely grateful to Neil and Rochelle for all the efforts they have put forth for our synagogue, as well as for the community at large. We hope that all OT members will plan to attend the tribute dinner honoring them.

The Contemporary
Congregation Olam Tikvah
3800 Glenbrook Road
Fairfax, Virginia 22031-3199

SISTERHOOD NEWS

Sisterhood Voice Mail, (703) 425-1880 x243
For individual members' phone numbers and e-mail addresses, please use the OT Directory.

CALENDAR

Sunday, April 15	9:30am	Executive Committee Meeting
Sunday, April 22	9:30am	Sisterhood Board Meeting
Sunday, April 29	9:30am	General Membership Meeting, Elections and Brunch
Wednesday, May 9	7:00pm	Book Discussion, <i>Rashi's Daughters</i>
Sunday, May 20	9:00am	Seaboard Region Spring Conference Germantown, MD

MISHNAH TEXT STUDY CLASS

Join Rabbi Kalender at 9:15am, Wednesdays, April 11, 18 & 25, for an hour of Mishnah study. Previous attendance is not necessary. All you need is a desire to learn and share ideas!

MOTHER'S DAY IS COMING!

The perfect gift for every mother, grandmother, sister and friend on your Mother's Day list is a copy of *With Love and Best Dishes*. Copies of this wonderful cookbook, with recipes assembled by your OT friends, are available in the Judaica Shop, in the OT office or by contacting Rochelle Goldberg.



JUDAICA SHOP

By JOANNE STRYER

Spring is just around the corner. Freshen up your home with fancy Shabbat candles, new Shabbat candlesticks, challah board or serving pieces. Don't forget to add some new Judaica jewelry to your wardrobe.

If you are having a bar or bat mitzvah in 2007, bring in this blurb and receive 10% off the regular retail price of a tallit or t'filin.

The Judaica Shop is open during Religious School hours, or call Joanne Stryer, (703) 425-3237 or (703) 323-9032 for an appointment.

Help Wanted

Do you like people? Do you like being around attractive Judaica items? Can you spare two to three hours a month? The Judaica Shop is looking for someone to help staff the shop on either Sunday mornings or Tuesday evenings. For more details, call Joanne Stryer, (703) 323-9032.

BOOK DISCUSSION GROUP

By GERRI STERLING

Rashi's Daughters

On Wednesday, May 9, join the Sisterhood Book Club as Rabbi Rebecca Ben-Gideon leads a discussion of *Rashi's Daughters, Book I: Joheved*, by Maggie Anton.

This historical fiction chronicles the lives of Rashi's three daughters, Joheved, Miriam, and Rachel. Rashi, the great medieval Jewish scholar, had no sons, but his grandsons became the greatest scholars of their generation. This book explores the lives of the ignored generation—Rashi's daughters.

WLCJ SEABOARD REGION SPRING CONFERENCE

By RAY STONE

The BlackRock Center for the Arts in Germantown, MD will be the site of the Women's League of Conservative Judaism (WLCJ) Seaboard Region Spring Conference on Sunday, May 20. *Seaboard Identities: Redefining Our Image* is the theme of the day. Save the date. More information will arrive shortly.

M azal Tov on the birth of a baby,
I n deepest sympathy on the loss of a loved one, or
T he news of someone in the hospital initiates
 Sisterhood's Mitzvah Corps into action.
Z ealous volunteers help make
V ery wonderful Shabbat dinners that
A re delivered to affected families. The meals are
H appily received and are most welcomed.
C ontributions to the Sisterhood Mitzvah Corps
 are gratefully accepted
O r you can join a dedicated team of cooks
R esponsible for
P reparing the meals that
S upport our Mitzvah operation

Call Diane Fertman, (703) 978-6961, or the OT office if you need or know of someone who would like a Mitzvah meal, or if you would like to help.

Children's Medical Associates of Northern Virginia, P.C.

6303 Little River Tpk., # 300 Alexandria, VA 22312 703-914-8989 • Fax 703-914-5494	10657 Braddock Rd. Fairfax, VA 22032 703 691-4700 • Fax 703 691-4791
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<http://www.cmarva.com>

SISTERHOOD NEWS



Please join Sisterhood for our
**FINAL BRUNCH OF THE YEAR,
 ELECTION OF OFFICERS &
 GENERAL MEMBERSHIP MEETING**
 SUNDAY, APRIL 29, 9:30 AM
“JEWISH WOMEN IN THE THEATRE”

Presented by
Leslie Jacobson
 Chair, George Washington University
 Department of Theatre and Dance

Leslie Jacobson, a playwright and director, is on the faculty of the George Washington University Program in Judaic Studies. Her writing credits include *A...My Name is Alice*, which received a Helen Hayes Award for outstanding Musical in 1988, and *Rhythms*, which also received the coveted Helen Hayes Award. In 1989, she was selected by the US Senate to write, direct and produce a play commemorating its bicentennial. Leslie Jacobson is also founding artistic director of Horizons Theater, now in its 30th year.

Tzedakah Project: Graham Road and Lynbrook are local elementary schools with large numbers of children in need. Help fill their supply closets. Please bring one of the following to the brunch:
Clothing: new underwear, socks, school supplies: pencils, colored pencils, crayons, markers, glue sticks, scissors (rounded and pointed), two-pocket folders, spiral notebooks, wooden puzzles. New or gently used books, including chapter books

RESERVATION FORM
APRIL 29, 2007 SISTERHOOD BRUNCH

Reservations due by April 15 - \$2 extra at the door! Your check is your reservation

Name _____

Phone number _____ E-mail _____

____ Member (\$6 person x ____) \$ _____

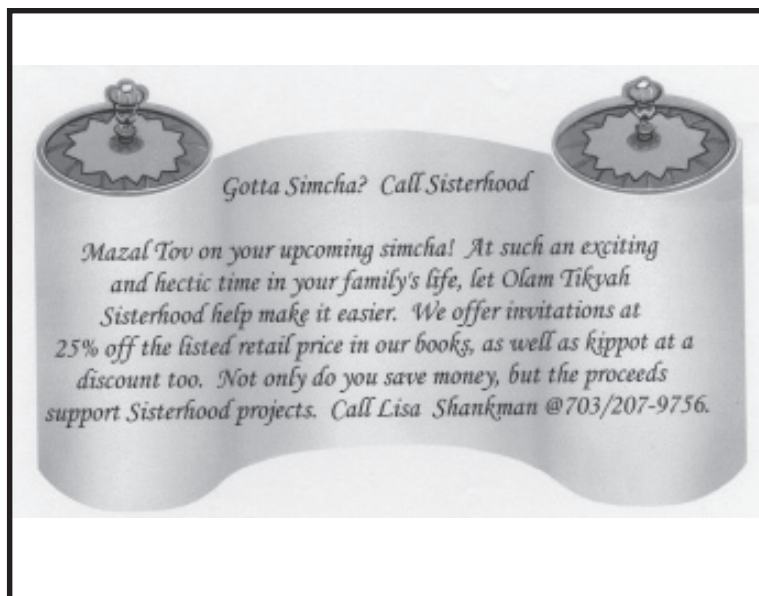
____ Non-member (\$8 per person x ____) \$ _____

TOTAL AMOUNT ENCLOSED: \$ _____

RSVPs for Sisterhood Subscription members will be automatically included

Please make your check out to: *Olam Tikvah Sisterhood*, and send to: 3800 Glenbrook Road, Fairfax, VA 22031
 RSVP to Sisterhood Voice Mailbox: (703) 425-1880, ext. 243

SISTERHOOD NEWS



OUR FINANCIAL FUTURES

On February 11, Sisterhood was fortunate to have Karen Tovey, CFP®, speak to us about financial planning for women. Ms. Tovey's theme was that women should not be silent partners when families plan for their financial future. Men look forward to freedom in retirement, while women prefer security. On the average, women live longer than men, earn less than men during their wage-earning years and generally work fewer years for pay than men.

Ms. Tovey emphasized the need for women to save for a comfortable retirement. You need to consider how much income you will need. Regardless of who writes the checks in your household, a wife needs to know where the family's money is, how it is being spent, the investments each of you has and what the investments are worth. Although people assume that expenses will go down in retirement, frequently that is not the case. Perhaps you will not need that business suit any longer, but you will have more time to shop, travel and enjoy various forms of entertainment. As you age, medical expenses tend to rise. Higher property taxes could lead to an increase in housing expenses. In addition, as the population's life expectancy increases, there is a chance you may have elderly parents to help support. It was surprising to learn that retiring at 65 today, a man would have a 50% chance of still being alive at 81, a woman at 85.

We learned a number of strategies to help us prepare for our financial future. These included methods for maximizing Social Security benefits, engaging in full participation in employer pension plans or 401Ks, where offered, and opening an Individual Retirement Account (IRA) whenever possible. In addition, Ms. Tovey directed our attention to some excellent resources: www.wiserwomen.org, www.360financialliteracy.org, www.choosetosave.org, www.troweprice.com and *Kiplinger's Money Smart Women*, by Janet Bodnar. She also advised us to read columns in the *Washington Post Sunday Business Section* by Michelle Singletary and Martha Hamilton.

Sisterhood wishes to thank Karen Tovey for graciously sharing her expertise with us. Now we need to act on the knowledge we have gained!

ISRAEL AFFAIRS

Israel Philharmonic Orchestra

70 Years of Music

By CAROL ANN COHEN

The world-renowned Israel Philharmonic Orchestra is a survivor. European musicians, cast out of ensembles in Nazi-dominated nations, formed the Palestine Symphony in 1936.

In May 1948, their music resounded with the proclamation of Israeli statehood and the explosion of the War of Independence. Leonard Bernstein conducted an open-air concert near Beersheva, within earshot of enemy bombs and gunfire, entertaining 5,000 troops. The orchestra performed at Israel Defense Forces bases throughout the war.

From 1947 through the first 40 years of statehood, Bernstein frequently held the baton. An air raid siren sounded during a Beethoven concerto Bernstein led in Rehovot in 1948. Conducting from the piano, the youthful leader gave his audience an opportunity to leave. None did, so he continued the performance and his close bond with the musicians and Israel. On Mount Scopus, he guided the players through Mahler's *Symphony No. 2* and *Hatikvah*, and Isaac Stern played the Mendelssohn Violin Concerto in the concert that marked Israel's celebration of the 1967 reunification of Jerusalem and the end of the Six-Day War.

The orchestra began as a cooperative, formed by 75 talented European musicians. The artists immigrated to the future state of Israel and formed the Palestine Symphony at the urging of violinist Bronislaw Huberman, a native of Poland, trained in Germany and former resident of Vienna. German-born conductor William Steinberg helped organize and prepare the group for its first performance on December 26, 1936. Arturo Toscanini, who was the first of a series of guest conductors, refused payment for this inaugural event. After working with Steinberg, however, Toscanini invited him to the United States to be associate conductor of the NBC Symphony Orchestra. Steinberg later was Music Director of the Pittsburgh Symphony Orchestra, the London Philharmonic Orchestra and the Boston Symphony Orchestra.

The troupe's early home was Tel Aviv's Ohel Shem auditorium, which held 900 seats. By the mid-1950s, concerts would be repeated as many as eight times to accommodate the number of ticket buyers. In 1954, the orchestra moved to the 2,760-seat Fredric R. Mann Auditorium, named in honor of the late orchestra supporter and philanthropist. The Philadelphian was the president of the America-Israel Cultural Foundation and helped introduce American audiences to Israeli musicians Itzhak Perlman, Pinchas Zukerman, Yefim Bronfman and Gil Shaham.

The orchestra continues as a musician-owned cooperative. Conductors were "musical advisors" until the orchestra appointed Zubin Mehta, a native of India, as its first official Music Director in 1977 and Director for Life in 1981. The

See ISRAEL PHILHARMONIC, p. 7

SISTERHOOD NEWS

ISRAEL PHILHARMONIC, *continued from page 6*

internationally acclaimed conductor began serving as an advisor in 1968. While guiding the Israel Philharmonic Orchestra, he also led the Los Angeles Philharmonic Orchestra from 1962 to 1978 and the New York Philharmonic Orchestra from 1978 to 1991. His specialty is late romantic and early modern symphonic music and opera.

The Israel Philharmonic Orchestra celebrated its 70th birthday with a gala concert in Tel Aviv last December, followed by an American tour. The orchestra sponsors scholarships for young musicians, youth concerts and music education programs and the Young Israel Philharmonic Orchestra.

TZEDAKAH

By ANNIE SCHWARTZ

Thank you for your continued interest in and donations to Graham Road and Lynbrook Elementary Schools, Headstart and the Fairfax Nursing Center.

At this time, the children need T-shirts, shorts, new underwear, diapers, pull-ups, new or gently used books for all ages, memory games, wooden or large floor puzzles and any educational toys. We have had a special request from Lynbrook Elementary School for glue sticks, wide-ruled notebooks, two-pocket folders and Crayola classic colors broad-line markers.

Fairfax Nursing Center residents appreciate bath supplies, cosmetics, costume jewelry, small picture frames, large-print books and classical CDs.

Please bring these items to Sisterhood's General Membership meeting on April 29 or any Sisterhood function, drop them off in the Religious School Office, or call me or e-mail Annie Schwartz, ahsch@yahoo.com, to arrange for me to get them from you.

.....
*Personalized candelabra
 can be rented for candle lighting at
 your b'nai mitzvah celebration.*

**Contact Lisa Shankman, (703) 207-9756,
 or the Office, (703) 425-1880, for details.**

**Proceeds benefit Sisterhood.
 Thank you for your support.**

DR. DAVID DOMNITCH

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Purim at the OT Corral



Photos by Susan Coren and Mark Weber

Frederick A. Sergio Photography

- Weddings
- Bar/Bat Mitzvahs
- Family Portraits
- Special Occasions

703-323-6159

Serving Northern Virginia for over 35 years

MEN'S CLUB

Men's Club Voice Mail (703) 425-1880 x245

CALENDAR

Wednesday, April 18	8:20pm	Executive Board Meeting
Sunday, June 3	TBD	Family Fun Day
Wednesday-Sunday, July 11-15	Bloomington, IL	FJMC Convention

FAMILY FUN DAY, SUNDAY JUNE 3

Men's Club will be manning the grill, serving up delicious barbecue (for a nominal charge) for family and friends to enjoy. Games and other activities will be in full swing, with other picnic fun and frolic available for the young to enjoy with the rest of the family.

Stop by and join us!

FJMC BIENNIAL CONVENTION

SAVE THE DATE-NEW LOCATION!

Indian Lakes Resort

July 11-15, 2007, Bloomington, IL

The theme of this year's convention is how to help Men's Clubs bring more congregants to Shabbat and holiday services, or how to make them Standing Room Only. This gives Men's Clubs another worthwhile mission that benefits our entire community.

FJMC conventions are filled with such ruach that people can't stay in their seats. At an FJMC Convention, there is no sitting quietly and nodding along. Our members are passionately davening, joining in and raising their voices and their souls in prayer.

Standing room only?

Friday night and Shabbat, that is the rule. Out in the aisles, singing, dancing, enjoying the spirit of Shabbat, with a special kind of kavannah that we take home with us.

Standing room only?

How about making your synagogue a Standing Room Only

zone? Join us in Chicago in July 2007 and you'll learn how. With the best Jewish leadership training anywhere, with dynamic rabbis and cantors, this is one experience you can begin with us and continue for the rest of your life.

Why not strive for that same Standing Room Only atmosphere in synagogue?

Stay tuned for pricing and subsidy information for attendees from Olam Tikvah.

YELLOW CANDLE™ PROGRAM

Yom Hashoah, April 15-16, 2007

What is the FJMC Yellow Candle™ Program?

The Yellow Candle™ was conceived in 1981 by members of the Federation of Jewish Men's Clubs at Beth Tzedec in Toronto, to help keep alive the memory of the six million Jews who perished in the Holocaust. It is modeled after the traditional Jewish memorial candle that burns for 24 hours during periods of mourning and on the anniversary of the death of a family member.



The candle's yellow wax and symbol depicting a Jewish star and strand of barbed wire remind us of the yellow arm bands Jews were forced to wear during the Nazi regime. The photo on the candle showing youngsters departing a concentration camp emphasizes the importance of teaching our youth the lessons of the Holocaust and of remembering the Six Million.

Interest in the Holocaust is at an all-time high. In an age of terrorism, violence and 9/11, more and more people are sensitive to the presence of genocide. For Jews especially, world events (including never-ending occurrences of anti-Semitism) make memorializing the Holocaust important. We encourage everyone to take a fresh look at the candle program this year. In today's world, the lessons of the Holocaust are as timely and relevant as they were half a century ago—and it is critical that the next generation learn them.

Who benefits from the Yellow Candle™ Program?

The Yellow Candle Program benefits the OT Men's Club, as the program provides an opportunity for us to give back to OT to help our youth remember the Shoah. It also benefits the synagogue because it unites the congregation through an inter-age effort and provides a focus for Yom Hashoah programming. All children in the OT Religious School will be given a candle.

This program especially helps our youth. The FJMC has established an international scholarship fund, "From Darkness into Light," available to members of USY groups in participating synagogues to help offset the cost of attending the USY Poland or Eastern Europe/Israel Seminar. We encourage our USYers to apply for this scholarship and to please mention that the OT Men's Club has continuously purchased these candles for the last ten years.

Invitations for all occasions • Kipot •
Party favors • Personalized Stationery • Placecards
Sign-in Boards • And More!

Partyline

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Roni Stern
Party Planner (703) 764-1050

AROUND OLAM TIKVAH

(703) 425-1880 x105; Rpalley@olamtikvah.org

Director's Chair

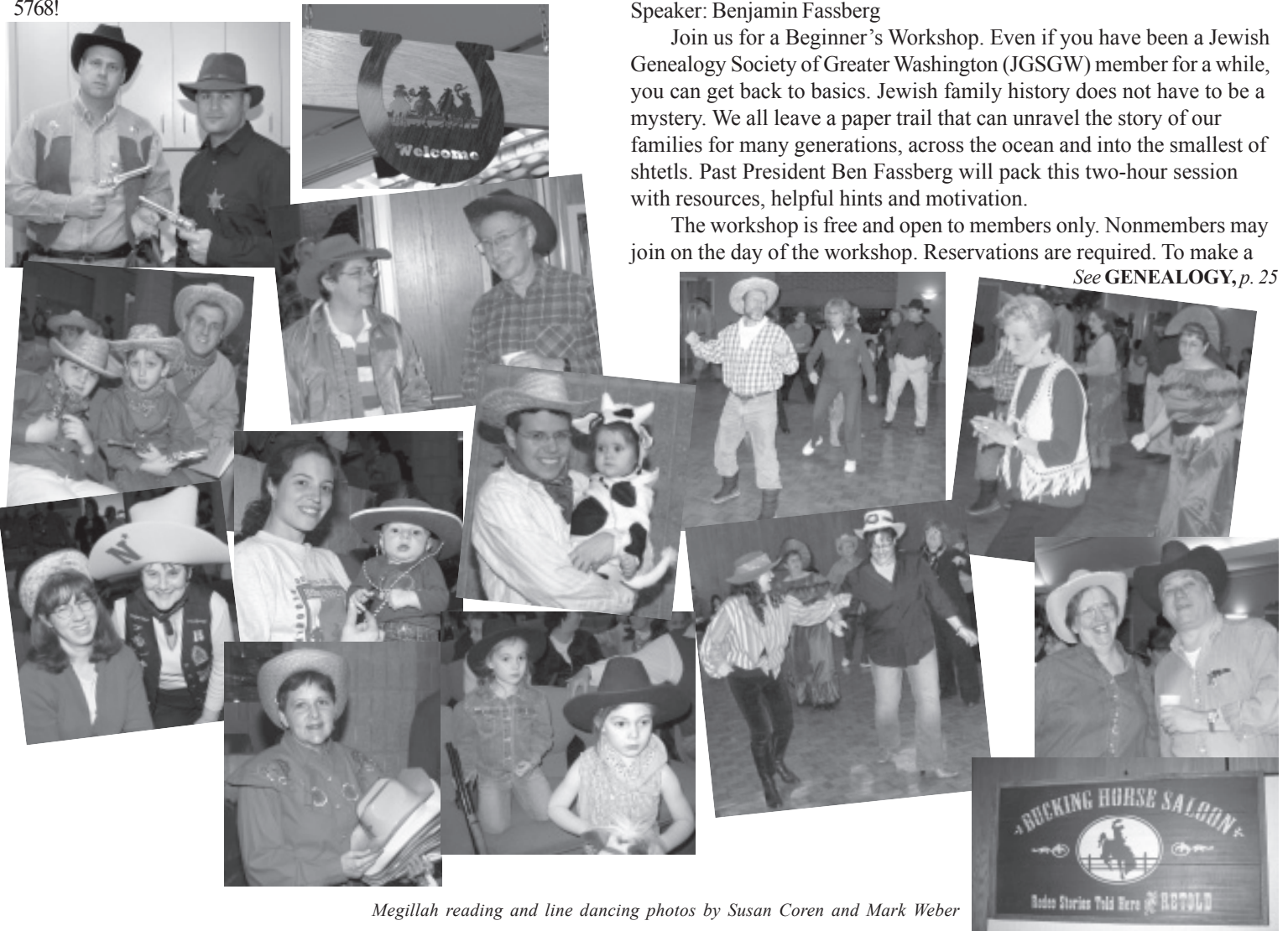
By RACHELLE PALLEY,
Synagogue Administrator

Purim at the OT Corral

The western theme for Purim this year was a huge success! We had many cowboys and girls at the Megillah reading, including our own ranch hands, Rabbi Kalender and Rabbi Ben-Gideon. I would like to thank the following people who helped make the evening so enjoyable:

- Mark Weber, for setting up and operating the AV equipment,
- Leona Shoon, for ordering the food for the evening,
- Edith Krantzman and her crew, for stuffing the mishloach manot bags, and
- Arnie Hiller, Cary Schwartzbach and all the other congregants who stocked the bar and served that evening.

Mark your calendars for Thursday, March 21, 2008 for Purim 5768!



Megillah reading and line dancing photos by Susan Coren and Mark Weber

Gifts to the Needy

On Purim, we fulfilled the mitzvah of giving gifts to the needy by collecting canned food from congregants. Thanks to all who participated, and to Clare Bachner who delivered the food to Food For Others.

Roxanne Rice of Food For Others wrote:

Thank you for your recent gift of 442 pounds of food. Your support during the winter months is particularly appreciated. With the holidays taking people's time and summer gardens and autumn harvests distant memories, our winter donations are particularly crucial. Hunger, of course, knows no season. So thank you for remembering us—you are among the Food for Others "winter soldiers."

Two Genealogy Seminars Offered at OT

Sunday, April 22

Beginner's Workshop,

11:00am-1:00pm

Speaker: Benjamin Fassberg

Join us for a Beginner's Workshop. Even if you have been a Jewish Genealogy Society of Greater Washington (JGSGW) member for a while, you can get back to basics. Jewish family history does not have to be a mystery. We all leave a paper trail that can unravel the story of our families for many generations, across the ocean and into the smallest of shtetls. Past President Ben Fassberg will pack this two-hour session with resources, helpful hints and motivation.

The workshop is free and open to members only. Nonmembers may join on the day of the workshop. Reservations are required. To make a

See **GENEALOGY**, p. 25

AROUND OLAM TIKVAH

SOCIAL ACTION

By CLARE VOGEL BACHNER,

Chair, Social Action Committee

Continued from page 1

Let's Have a Huge Volunteer Participation for Sukkot in April

On Sunday, April 29, Olam Tikvah will participate once again in our "tikkun olam" home-repair project. We will join more than 25 other synagogues participating in the fourteenth annual home-repair program for lower-income homeowners throughout the metropolitan Washington area. It is sponsored by Yachad, the Jewish Housing and Community Development Corporation, and Rebuilding Together. The program is dedicated to improving the living conditions of elderly, disabled and lower-income homeowners by helping them maintain their homes.

Both skilled and unskilled volunteers are needed, and teenagers over the age of 14 are welcome with adult supervision. It is a perfect parent/teenager activity!!! Volunteers are needed from 8:00am to 7:00pm to hammer, paint, clean, rake and any other home repair skill you can offer. Come for the whole day or sign up for a few hours. Please call Eric Rothberg, (703) 425-8120.

BLOOD DRIVE, continued from page 1

The minimum eligibility requirements are:

- You must be at least 17 years old and in good health.
- You must be feeling well—with no symptoms of illness (including colds)—for at least three days before donating.
- You must weigh at least 110 lbs.
- You must wait 56 days from your last whole blood donation and 14 days from your last platelet donation.

Please bring a photo ID and a list of medications you are taking to your donation appointment.

Remember, your gift of blood can make life possible for someone with cancer, heart disease or a serious injury. Look for the blood donation boxes in the lobby.

If you have any questions, call AnnEllen Felcorn, (703) 425-3784. Please, no calls after 9:30pm.

PURIM TODAH RABBAH

By BRENDA KLEMOW and JOANNE STRYER

If you thought you saw many OT members driving around town at the end of February, you were right! They were delivering mishloach manot bags to over 500 Olam Tikvah families. Everyone was thrilled to get greetings from friends they see every day and families they have been meaning to call, but haven't been able to take the time.

It is a Purim mitzvah to send mishloach manot bags to our friends and family, but the greater mitzvah was done by our almost 50 volunteers who helped organize, sort, pack and distribute the bags. Community spirit was high as everyone worked together to make this year's event a huge success. All drivers were greeted with thank yous and smiles as they left their packages. Several drivers met people living near them, whom they had never met. Sometimes the drivers went alone, sometimes as a couple, and some drivers took it as a chance to have some quality time with their children as they drove around. Preschool moms packed hamentaschen together while their children played. Friends who don't get together often enough were busy chatting and sorting and stuffing and went to lunch together when they were finished. We thank them all for what they did. It could not be done without any of them.

As with any event, there are a few special thank yous:

- Andrea Fabian, who during the summer spent many hours sitting with a map to plot the routes,
- Melissa Benson, computer maven, who always answered our "Can you do this?" with, "No problem," and did it; and
- The office staff—Shula Friedman, Leona Shoon, Priscilla Collier, Connie Kreuter and Rachele Palley—who endured our endless interruptions and cheerfully answered many extra phone calls and keyed in all the data.

To the many families who participated, we thank you from the bottom of our hearts. We hope that we were able to bring a little cheer into your day. Sending mishloach manot is a way to fulfill a Purim mitzvah, reconnect with friends and help Olam Tikvah. Looking forward to everyone's participation next year.

About the Profits...

The Mishloach manot Project netted a \$5,000 profit for Sisterhood, and \$5,000 for the Capital Campaign.

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*Mishloach Manot Team
Photo by Susan Coren*

AROUND OLAM TIKVAH

MEMBERSHIP

Welcome New Members!

By DEBBIE WEBER,
Membership Committee

Be sure to meet **Marian and Allen Gorman**. Marian is Olam Tikvah's new Director of Education and Youth Activities. She grew up in Brooklyn, NY and attended the Davidson School of Education at JTS. Marian and Allen moved here in June from Boston. They were impressed with OT's warm, active community. Allen works for Boston Properties. Camping and hiking are fun leisure activities for the Gormans. Marian also enjoys knitting.



Photo by Mark Weber

Look for the Gormans at services, and of course, Marian will be working hard at our Religious School and youth activities. Marian plans to join Sisterhood and Allen plans to become involved in Men's Club.

Please Update Your Directory

CHANGES

- Stuart Glickman*
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- Phyllis Olitsky* (703) 743-2443
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- Norman (Bob) & Beverly Rosen* (301) 652-7172
8100 Connecticut Avenue; Apt. 1407,
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AROUND OLAM TIKVAH

TOT SHABBAT

By MORAH MARY (NECHAMA) RETTING & MORAH ELIZABETH A. WEINER, Teachers

Pesach is here, and spring is upon us! It is amazing how fast the year is going! We have seen so much growth and development right before our eyes! We have a whole new group of children in the 18-month-old category joining all the “old timers” (who knew a 4 or 5-year-old was an old timer!?). It is wonderful seeing all the new faces and watching the children, who used to be the babies, being the “big kid” role models! And Baruch Hashem, we even needed to move our snack room down the hall since we are bursting at the seams! I hope everyone is giving generously to the Capital Campaign!

We are having so much fun learning about, singing about, and acting out the parsha each week. The children love seeing their friends and siblings (or themselves!) in our Siddur, and they truly enjoy our Torah service. The Talmud states: “It is in the

merit of our children’s Torah learning that the world endures!” So keep bringing your children to Tot Shabbat; you are helping the world to endure!

We are happy to announce that Tot Shabbat will once again be offering a children’s Shavuot service on Thursday, May 24 at 11:00am. Our service will take place during the adult Yizkor service, so please mark your calendars and join us for our Shavuot program ending with an ice cream treat (pareve alternatives will be available)!!

It is our honor and privilege to teach your children each week. We invite and encourage everyone to attend our preschool friendly Shabbat services, complete with parsha stories, songs, and kiddush snack. Babysitting begins at 10:30am, and services begin at 11:00am. Please help us to fulfill the mitzvah of Hachnasat Orchim (welcoming guests) and join us!

2007 Tot Shabbat Schedule

April 14, 21 & 28,
May 5, 12 & 19,
June 2, 9, 16, 23 & 30

Purim faces by Susan Coren





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AROUND OLAM TIKVAH

OT CHORALE

Why is This Tune Different From All Other Tunes?

By CAROL BOYD LEON
OT Chorale Director

Do you remember reciting the Four Questions for your very first time?

In many families, it's customary to have the youngest child who is capable of reciting "*Mah nishtanah halailah hazeh mikol haleilot?*" (Why is this night different from all other nights?) do so at the Passover seder. It's one of the most special moments of the seder, a bit like a rite of passage... although for the "baby" of the family, the passage may be stretched over many, many years until there's finally a grandchild on the scene who can take over the honor!

What makes the recitation of the Four Questions do-able at a fairly young age is that the questions typically are sung rather than spoken. Adding a melody to words is a powerful way to help us memorize lyrics. To see what I mean, think of how children learn the alphabet by singing it (using a melody that is shared with *Twinkle, Twinkle Little Star*) long before they can speak the letters in order.

And so it is the melody of *Mah Nishtanah* which has helped transmit our history from one generation to the next. But for how many generations has the "traditional" melody helped in this way? When and where did it come from?

Like most Jewish liturgy, *Mah Nishtanah* has been set to music by numerous composers. But the melody most often used in this country — the one usually referred to as "traditional" or "Israeli"— is not nearly as old as most people might guess.

When music is easily learned and hence gets passed down orally, often the composer's name is lost in the process. We start to think that the folk process is what created the melody. However, the sing-songy *Mah Nishtanah* melody has a composer and a date of composition. According to noted musicologist Dr. Eliyahu Schleifer, the "traditional" melody was composed in 1936 by Ephraim Abileah.

Abileah was born in Russia in 1881, made aliyah to Israel and died in 1953. His father had been a cantor which likely caused him to become familiar with the "study modes" — question-and-answer melodies — used in Eastern European classrooms and which influence the sound of the *Mah Nishtanah* composition.

Ephraim also composed a little-known oratorio, *Chag Hacherut* (Festival of Freedom) which tells the Passover story. Although it was performed on stage only once (in Haifa), the tune which most of us recognize as "the" *Mah Nishtanah* melody came from that oratorio.

Compared to the age of the story it tells, the *Mah Nishtanah* melody is itself just a child... which points out, once again, that many of our most beloved melodies were new not so long ago!

OT PRESCHOOL

By ROCHELLE GOLDBERG,
OT Preschool Board President



Spring is here, and we in the Preschool have lots to celebrate! As you read this, we are probably still celebrating (or recovering from) Pesach. If you have a preschooler in your house, I hope he or she was able to help with the Seder. They all worked very hard to learn the four questions and the ten plagues (I hope you didn't end up with ten questions and four plagues at your Seder!).

Now that April is here, we are celebrating Israel, Dads and pajamas! Yes, pajamas. The children learned about hibernation when it was 70 degrees in January, and then when it came time to have their own hibernation party, we got snowed out of school! The kid will have fun later this month coming to school in pajamas and remembering their hibernation lessons.

Also in April we will celebrate the State of Israel and Yom Ha'Atzmaut, Israel's Independence Day. The classes all learn about Israel, its culture, its land, the fight for independence and the importance of freedom. Each class will be working on special activities, and you can expect to see lots of Israeli flags around the school!

Finally, we will celebrate the dads of the preschoolers by inviting them to come in for a participation day with their children. There will be special activities for students and dads and lots of fun all morning!

Happy Spring!



Preschool Purim Spiel photos by Rochelle Goldberg

Howard M. Kaye
PHOTOGRAPHY

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AROUND OLAM TIKVAH

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AROUND OLAM TIKVAH

ADULT ED

Exploring Jewish Meditation With Rabbi Alan Lew

By KEN GOLDWASSER,

Adult Education Committee Chair

Ordained by the Jewish Theological Seminary in 1988, Rabbi Alan Lew is a former pulpit rabbi and is now director of Makor Or, the Center for Jewish Meditation adjacent to Congregation Beth Sholom in San Francisco. He is the author of several books including, *This Is Real and You Are Completely Unprepared: The Days of Awe as a Journey of Transformation* and *One God Clapping: The Spiritual Path of a Zen Rabbi*.

As Rabbi Itzhaq Klirs Scholar-in-Residence on the weekend of January 12-14, Rabbi Lew presented topics on Jewish Meditation and Transformation. He enthralled congregants with a new look at some familiar Torah passages and examples from the Talmud and interwoven stories from his own unique path to becoming a rabbi.



One God Clapping: Spiritual Path of a Zen Rabbi

Friday, January 12

Rabbi Lew described his fascinating spiritual odyssey, from growing up in Brooklyn through his practice of ten years of Zen Buddhist meditation in Berkeley, to his return to Judaism and the Conservative rabbinate. During his largely secular upbringing, he recalled one grandfather introducing him to the *Aleph Bet* by bringing over a box of Hebrew letters that seemed to come to life after his grandfather took them out. He also remembered watching another grandfather deep at prayer in shul, with his eyes closed, seemingly somewhere else. He related how his meditation during the last stages of becoming a Zen monk kept bringing him back to his deep Jewish core.

As a rabbi at his San Francisco synagogue, he found that meditation enhances traditional Jewish practice and helps sensitize one to the transcendent during prayer. His synagogue would start with an hour of meditation in the morning, followed by *Shacharit*. In contrast, many Jews focus on the language and ritual of the prayer service that they often don't understand, get frustrated, and never realize the potential deeper connection to God during prayer. His talk made me eager to read his book *One God Clapping*, to learn more.

Eric Rothberg

The Power of Transformation

Shabbat morning, January 13

On Shabbat morning, Rabbi Lew gave the D'var Torah for Parshah Vaera, which deals with Moses's departure from Egypt and his encounter with God at the burning bush. He considered the events of the parshah in terms of the power of meditation and the journey of transformation.

Rabbi Lew posited that transformation can be effected by changing a name—or perhaps the name change is an outward manifestation of an inner change. God changes Avram's name to Abraham, after Jacob wrestles with the angel, he is called Israel, and in this parsha God uncovers more of the nature of His presence by elucidating His own name.

We looked at Moses's initial response to the burning bush—he decides to turn around to get a better look. At that point, God calls out to Moses, pointing him in the right direction, and Moses

responds “Here I am—Hineni!” Rabbi Lew mentioned the 19th century Canadian psychiatrist Richard Maurice Bucke, who said that experiences of cosmic consciousness often begin with a sudden eruption of inner light that is so bright that the person thinks it is coming from outside of themselves in the physical world. How do you find out that what you thought was external was really internal? You turn around, as Moses does. When he turns around, he finally understood that this experience of light was within himself, and that is when he was able to hear God.

Rabbi Lew led us through Moses's thought processes, when faced with the tremendous mission with which God tasks him. Making a modern analogy, the rabbi asked us to consider what would happen if we were to go back to New Jersey and suggest to the Jewish people there that God wanted them to leave and go out into a frightening wilderness. “What God? Who is this God you say who wants us to leave New Jersey?” Like Moses, the people would demand answers, at the very least a name. God's reply was, “Ehiyeh asher ehiyeh”—“I will be as I will be”—an abstract response. Rabbi Lew explained this concept as God being simultaneously in the past, present, and future—that God is the only entity that can be absolutely present. Mortals, on the other hand, cannot ever be totally in the present. However, Rabbi Lew believes that the most powerful exercise for being in the present is meditation.

Caroline Frankil-Warren

The Healing Power Of Simply Being Present

*Talmudic Topics on the Nature of Suffering
and How to Meet It*

Shabbat afternoon, January 13

Rabbi Alan Lew started his talk by indicating the way Buddhists address the issue of suffering and how they recommend going about mastering it. He next moved on to how the Jewish Sages handled the issue of suffering in the Talmud.

Rabbi Lew's discussion of the Buddhist approach to handling suffering involved the presentation of the Buddhist Four Noble Truths. As the Ten Commandments are fundamental to Judaism, the four Noble Truths are the foundation for the Buddhist faith.

The First Noble Truth is about dissatisfaction. Birth can be painful, sometimes causing death, and in these instances, birth can

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AROUND OLAM TIKVAH

ADULT ED

Continued from page 15

cause dissatisfaction. Other examples of dissatisfaction occur with aging and dying.

The Second Noble Truth concerns what the origin of suffering. Fundamentally, suffering's origin comes from desire. Desire is bound up with relish and passion, running here and there, delighting in this or that.

The Third Noble Truth tells us how to cease suffering. When this truth is employed, suffering fades away. When we either abandon or relinquish desire, we are free from and can discard suffering.

The Fourth Noble Truth involves what we should do to cease suffering, and that is to follow the Noble Eight-Fold Path, which involves using the following techniques: Right View, Right Intention, Right Speech, Right Action, Right Livelihood, Right Effort, Right Mindfulness and Right Collectedness. Each technique is open to interpretation and may require guidance by a wiser person.

The Jewish approach on handling suffering is found in the *Talmud*, in *Berakoth*.

If someone is suffering, then first he should examine his conduct. If his conduct is exemplary, then he needs to examine whether he has been studying Torah sufficiently. If he has been studying Torah well enough, then the suffering may be due to God's love. The underlying concept is that when God is pleased with someone, He may decide to crush him with painful suffering. In that way, the person may reach beyond his former limits and capacities. Afterwards the person may say, if not for the bad thing that happened to me, this wonderful thing wouldn't have happened to me. An example would be getting fired, which causes suffering, but then forced the individual to find a better new job. Similarly after the breakup of a relationship, the suffering person may go on to find a better mate, with whom he or she may live happily.

Another Talmudic view on suffering involves the following examples. A rabbi fell deathly ill and was visited by another rabbi. The second rabbi asked whether the ill person welcomed this suffering; the ill person said no. Thereupon the visitor took the ill person's hand, and the ill person was miraculously cured. In the next example, the *Talmud* asks why it is necessary for another person to provide the touch. Why couldn't the ill person just touch

himself and thereby heal himself? The *Talmud* points out that the touch must be provided by another person because "the ill person cannot free himself from jail." The third example uses the same situation, but concludes that the person was ill because he was melancholy because his life was so beautiful and he was now going to lose his life.

Finally, suffering may occur because it is just one of the great mysteries of life. There may be no reason for the suffering. The following statement cannot be explained, and it indicates this final category of suffering, that there is no understanding why this suffering should have occurred. The unexplainable statement is: "If my child were to die, it would be okay because?"

Stuart Glickman

Be Still and Get Going

Sunday, January 14

In *Exodus* 14:4-15 we read of Pharaoh's regret at letting Moses leave Egypt with the Israelites and his decision to send his troops after them. The Torah describes the pursuing Egyptians and the fearful reaction of the Israelites, who cry out to Moses and ask, "Why have you done this to us?" This story, which is repeated year after year at countless Seder tables during Pesach, is central to our history as a people. Yet, as Rabbi Lew enlightened us, this same passage holds a message that can be central to our future, too. It's in Moses' reaction to the Israelites and God's reaction to their pleas that what Rabbi Lew describes as a "five-step plan for spiritual growth" is revealed. Moses says, "Don't be afraid. Stand still and see the salvation which Adonai will make for you today, for the Egyptians who you see today, you will never see again. Adonai will fight for you and you will be still." Then Adonai says to Moses, "Why do you cry out to me? Tell the Israelites to just get moving."

From these words Rabbi Lew drew inspiration for his Sunday brunch discussion, *Be Still and Get Going: The Torah's Five-Step Program for Spiritual Growth*. The brunch sponsored by OT's Men's Club, provided the setting for a riveting analysis of a Torah parshah that many attendees could paraphrase at-will but may never have looked at it in the spiritual sense Rabbi Lew relayed.

See ADULT ED p. 17



Left: The Sunday morning audience ponders how to be still and get going. Top of page 17: Rabbi Lew makes a point. Photos by Mark Weber

AROUND OLAM TIKVAH

ADULT ED

Continued from page 16

Rabbi Lew walked through each line of the text and focused on key phrases to arrive at the five steps. Starting with “*al tirau*”—don’t be afraid, don’t panic, don’t act on your fear. Moses then instructs the Israelites, “*hityatzvu*,” stand still, collect yourself, and “*ur’u*” see. See what is really there, Rabbi Lew explained, not what you imagine. Moses tells the Israelites that God will fight for them and they will be still, “*V’tacharishun*.” Finally, God tells them, “*V’yisa-u*”, get moving. Take action, just get going, move forward.



From these five points we can find a path toward a spiritual and meditative Jewish life. As Rabbi Lew explained, meditation is not stationary: it is about “becoming.” Get moving.

For more in-depth exploration on this theme, Rabbi Lew’s book, *Be Still and Get Going: A Jewish Meditation Practice for Real Life* (Little, Brown and Company) explores spiritual lessons from the *Torah*, *Talmud* and other sources and provides guidance for putting these lessons into practice.

Ken Goldwasser

Your contributions to the Adult Education Fund and your support of the Golf Tournament enabled us to fund the Shabbaton with Rabbi Lew. Thanks in advance for your continuing support of our Scholar-in-Residence Program.

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By MARIAN GORMAN
Director of Education and Youth Activities

Olam Tikvah Religious School

One of the names for Pesach is Chag HaAviv, Holiday of Spring, a time to celebrate new growth in our gardens, and of course in our classrooms. Our second grade has lots to celebrate! We thank Mrs. Retting for creating an entire class of Havdallah experts. Not only do they know how to celebrate Havdallah, but they have their very own hand-made Havdallah sets with which to celebrate. Mrs. Yellen has done a great job impressing on her students and their parents the importance of regular study, and all the parents sent her a big "Todah Rabbah" for the brightly-colored, easy-to-follow snow-day lesson plan she sent home. In the twinkling of an e-mail, she turned all her parents into teachers, their kitchens into classrooms, and the students into "Letter Detectives."

Of course everyone knows that the teachers here at Olam Tikvah are tops, but most of us don't really know much more. With that in

mind, I would like to introduce them. From Kindergarten through high school, they are: Helen Taubman, Sarah Fort, Melissa Hochberg, Cynthia Yellen, Mary Retting, Elana Plotnick, Ilan Pardo, Joanne Stryer, Dan Noble, Shula Friedman, Andrea Gross, Susan Bloom, Melinda Roth, Susan Schwartz, Bonnie Siegell, Michelle Pearlstein, Mandy Book, Stuart Bender, Max Saperstone, Kathy Kleiman, Joyce Nierow and Joan Hahn. They were educated in 12 different states and 2 countries. They hold 19 Bachelors Degrees and 10 Masters Degrees, in subjects as varied as Art, Business, Business Management, Clinical Social Work, Counseling, Dental Hygiene, Economics, Education, Educational Leadership, Electrical Engineering, Foreign Service, Health Care, Hebrew, History, Instructional Design, International Tourism, Political Science, Psychology, Rehabilitation Counseling, Sociology, Special Education, Speech Communication, Taxation. Three have law degrees. They have obtained their Jewish Education in synagogue schools, high schools, and day schools; through adult education, summer conferences, Melton classes, university courses, and Ulpanim (Hebrew language immersion classes in Israel.) They have taught (and continue to teach) Art, Cooking, Ethics, Hebrew, holidays, Holocaust studies, Israel, Jewish History: Ancient and Modern, Israeli, Diaspora, and American, Judaics, Leadership, Life Cycle, Mitzvot, music, the Sifrei Kodesh: Torah, Tanach, Talmud, Mishneh, and Pirkei Avot, Tefillah, trop, and Zionism. Together they have been teaching in religious schools for more than 213 years and at Olam Tikvah for 192 years. They are single, married, male, female, parents, and grandparents. In addition to OT, they work at home, in offices, businesses, preschools, day schools, and public schools. They volunteer in gift shops and organizations. They are students, teachers and the best role models in the world. And they are all completely dedicated to providing the best Jewish education possible for your children.

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May 6: Save the Date

Olam Tikvah Religious School and Youth are heading to the caves at Luray to celebrate L'ag Ba'Omer. Watch for flyers.

Shoreshim

a service for kindergarten through second grade, is the newest addition to Shabbat morning here at OT Beautifully led by Racheli Schoenburg, it meets at 11:00am on the same dates as Junior Congregation—April 14, 21 & 28.

Wear-A-Jewish-T-Shirt Week

The week of April 22-29 is Wear-A-Jewish T-Shirt Week. What's a Jewish T-Shirt? Aha!

Wishing you all family-filled Seders,
Marian Gorman

YOUTH ACTIVITIES

Youth Group Reports

Thanks to all who helped make our Purim Carnival a success—all the OTUSY members who worked so hard, Stephanie Sussan, Sarah Astrow, David Astrow, Ben Arnstein, Howard Nachman, Perla Umansky, Cecelia Rosenberg, Irv Varkonyi and Leona Shoon. An extra special thank you to Bob Watts and the Men's Club for their support for the carnival and so many other youth programs.

Machar has been going fabulously! In March, we invited next year's Macharniks (third grade) to a Movie, Munchies & Ma'ariv night where we ate pizza, watched a movie, and davened ma'ariv with parents. On April 15, we'll be heading over to the National Zoo to hold a scavenger hunt for animals mentioned in the *Tanakh*. Wish us luck! Rabbi Kalender took the bears that we made at Build-A-Bear to Alyn Hospital in Jerusalem. He said that everyone loved them!

See **PURIM CARNIVAL**, p. 20
Sarah Fort, Machar Advisor

Kadima participated in some exciting regional events recently. In February, we joined area synagogues on a snow tubing trip at Whitetail. Eleven Kadimaniks from OT enjoyed an afternoon of tubing, making new friends, and a pizza dinner. Rachel Warren said, "Snow tubing was fun, but short! We stood on a moving platform. We held onto the other snow tubes and we went down the hill so fast! It was like going fast in slow motion." Forest Voelker said, "It was a lot of fun when it was snowing because you could get snowed on while you were snow tubing." Caleb Voelker said, "The best part was going down the big hills with the snow in our faces!"

During March we spent a weekend at Capital Camps in Pennsylvania for the Kadima Kallah. This event brought together local 6th, 7th, and 8th graders for tons of fun Jewish and social programming. Look for more details about our April event soon!

Stacy Miller, Kadima Advisor

Chag Pesach Sameach! Who can believe it is already time for Passover? I know I can't. No matter how quickly the school year is passing, OTUSY is ready to take it out with a bang.

We have a lot of fun and exciting events coming up throughout the next few months, so mark your calendars! On April 15 there will be a scavenger hunt on the DC National Mall. From April 20-22 we will be joining Seaboard USY for their annual Spring Convention. On April 24 we will be celebrating Israel's 59th year of independence during Yom Ha'atzmaut; May 13 will be a great day for a Luau BBQ as we elect and install new officers for the 2007-2008 OTUSY board (details about running will be available soon); On May 20, we will join Seaboard USY for a regional trip to Kings Dominion. On May 22 we will celebrate Shavuot, and finally, on June 17, we will celebrate the end of another school year during Seaboard's annual Summer Sizzle.

Hope to see you at all the events!

As always, feel free to e-mail at aperlman26@gmail.com.

Aviva, OTUSY Advisor

B'NAI MITZVAH

Saturday, April 14

Parashah Sh'mini

Yonatan Paz,

son of Dorit & Ben and brother of Danielle and Avia, is a seventh-grade honors student at Frost Middle School. He enjoys playing video games, watching movies and spending time with friends. But his true passion is playing sports. Currently he plays basketball in the Turnpike League.

For Yoni's Bar Mitzvah project, he chose to help WIZO by providing for the welfare of children and youth in Northern Israel. Yoni thanks everyone for making his mitzvah project possible. With their help, many children will have a wonderful Pesach.

Yoni is excited to celebrate his Bar Mitzvah with his great grandparents, Paula & Shmuel Melzer, grandparents Haya & Uri Kovacs of Israel, grandfather Mario Paz of Kentucky, much loving family and many friends.

Saturday, April 21

Parashah Tazria-Metzora

Daniel Noah Seidman,

son of Anna & David, is a seventh-grader at the Edlin School in Reston, Virginia. He has a great love of science, with a special interest in marine biology. His interest in aquatic life has prompted him to ask those who plan to attend his bar mitzvah to consider contributing to organizations that are directly involved in marine research or conservation. Daniel also loves acting in theatre and has recently taken up study of the trombone.

Joining Daniel to celebrate will be his grandparents, Mildred & Milton Fromer of Massachusetts and Roslyn & Jack Seidman of New York.

Saturday, April 28

Parashah Achare Mot-M'doshim

Eli Jacob Hochberg,

son of Melissa & Steve, is a Frost Middle School seventh grader. His education began here at OT Preschool! Eli is a talented wood worker and creator, designing and building Adirondack furniture. He plays the trombone in the Frost Middle School Band. Eli enjoys working in his workshop, baking and creating treasures out of old junk.

His Tzedakah project will be donating new and used tools to Habitat for Humanity.

Eli will celebrate his special day with brothers Max and Noah, grandparents Mundy & Stanley Shapiro and Arthur Hochberg, and great-grandparents Frances & Abe Barth. Family and friends from around the country will join him, too. Eli also wishes to remember his grandmother, Eleanor Hochberg, z"l, on this special day.



*B'nai Mitzvah Kiddush cups are engraved
courtesy of Joshua Pearlman
of Trophy Mart in Annandale.*

RITUAL

By JERROLD MARKOWITZ
Ritual Committee

Joy is a pleasurable and sometimes exhilarating response to people, things, events and activities. One of the less obvious, but hardly insignificant, sources of joy is communicating with God, which is a theme expressed in *Psalms 16, 17 and 19* and their accompanying commentaries. As noted in *Psalms 16*, a “hymn of joy,” David expresses his belief that “In Thy presence is fulness of joy, In Thy right hand bliss for evermore” (verse 11). This means that the joy we experience in communicating with God is more satisfying than our joy from “worldly pleasures.” Performing a mitzvah, for instance, can bring us an “inward happiness” flowing “from a clear conscience” (*Psalms 19:9* and commentary) because we followed and supported God’s purpose and commandments.

Joy is also expressed by the entire religious community (or congregation) when we complete the reading of each of the five Books of the Torah and sing “Hazak, Hazak, V’Nithazzek” (“Be strong, be strong, and let us summon up our strength!”). This reflects our wish for spiritual strength to the Torah reader, the person who had the final aliyah of the Book, and the entire congregation, in the hope that they “persist, study, read, and complete all the other books, drawing strength from the Torah!” (Tigay).

Although these are examples of intellectual and spiritual experiences of joy, Rabbi Warren Stone notes that we should not ignore the joy we can get from maintaining our physical strength through exercise. “Caring for the body is [also] a deeply and important aspect of religious Judaism.”

[Sources: *Encyclopaedia Judaica CD-ROM Edition; The Psalms*, by The Rev. Dr. A. Cohen, revised by Rabbi E. Oratz and assisted by Rav Shalom Shahar; “Hazak Hazak V’Nithazzek,” by Jeffrey H. Tigay; *Etz Hayim: Torah and Commentary*, produced by The Jewish Publication Society and The Rabbinical Assembly of The United Synagogue of Conservative Judaism; “Physically renewing ourselves, with joy,” by Rabbi Warren G. Stone, *Washington Jewish Week*, June 1, 2006.]



Photos by Susan Coren

AROUND THE BELTWAY

HAZAK CAMP

With spring around the corner and summer not far behind, come thoughts of “What am I going to do this summer?” If you are a senior, 55 or older, consider going to the Pocono Mountains for a relaxing, all-inclusive, casual and carefree week. Once again, HAZAK is sponsoring a wonderful “elderhostel-style” camp from June 13 to 20.

The camp is situated on 560 wooded acres, with a pristine, 60-acre, natural spring-fed lake. The accommodations are comfortable, with air-conditioned rooms, private baths and daily housekeeping. Three daily tasty meals are Glatt Kosher, with a selection of two entrees at lunch and dinner. Coffee and snacks are available at all times.

You will enjoy outstanding educators and a Rabbi speaking on old as well as timely Jewish topics. There are sports activities, computer classes and crafts, etc. Shabbat services as well as daily minyanim are held.

Optional nightly activities and entertainment—such as singers, wine tasting, movies and musicians—are also offered. Nothing is compulsory.

The infirmary staffs a nurse, and a doctor is always on call.

Convenient, round-trip bus transportation is provided, and all gratuities are included in the fee.

See **HAZAK CAMP**, p.21

PURIM CARNIVAL, *Continued from page 20*

AROUND THE BELTWAY

FJS EVENTS

Northern Virginia Lunch & Learn

*Meets Tuesdays, 12:00-1:30pm, in the library
at JCCNV, 8900 Little River Turnpike, Fairfax,
(703) 323-0880*

Rabbi Marvin Bash, Fort Belvoir Congregation, will teach "From 50 Great Bible Ideas—Part II" on Tuesdays, April 17 & 24 and May 1. Fee \$20.

Lunch is scheduled 12:00-12:30pm (hot beverages provided), and study 12:30-1:30pm. Bring a brown-bag pareve lunch and a Bible. No previous Bible study required.

Advance registration required. Send check, marked with name of course and made payable to Foundation for Jewish Studies, to 6101 Montrose Road, Suite 206, Rockville, MD 20852-4816.

Memorial Day Retreat

*Sunday, May 27 & Monday, May 28
Capital Camps and Retreat Center
in Waynesboro, Pennsylvania*

"Understanding Isaiah from Jewish and Christian Perspectives," with Professor Kenneth Holum, University of Maryland, and Reverend Robert Holum.

Fee: accommodations, four meals and four lectures, \$250 single occupancy/ \$350 for double occupancy. Registration by check to The Foundation for Jewish Studies, 6101 Montrose Road, Suite 206, Rockville, MD 20852, no later than May 11.

For further information, call (301) 770-4787.

HAZAK CAMP, *Continued from page 20*

For more information, go to the Block and Hexter Vacation Center web site at www.bhvc.org, or contact Ed or Deedy Eisenson.

There is an application for the camp in the OT lobby. Registration ends May 15, 2007.

One last thing—it is not necessary to sew labels in your clothes.

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**Israeli Street Festival:
A Taste of Milk and Honey**
Reston Town Center
Sunday June 17

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Jewish Heritage Lecture

*Thursday, April 12, 8:15pm
Ohr Kodesh Congregation,
8300 Meadowbrook Lane, Chevy Chase
(301) 589-3880*

"The Amazing Spread of Chabad-Lubavitch Hasidism," with Rabbi Shmuel Kaplan. A reception will take place at 7:30pm. No fee.

Bible Study Center

*Cosponsored by the Dennis and Phillip Ratner Museum
Spring Semester Public Lectures*

*Sunday mornings, April 15, 22 & 29, 10:30am-12 noon
The Ratner Museum,
10001 Old Georgetown Road, Bethesda*

"Wisdom for Life from the Biblical Book of Proverbs," with Rabbi George Driesen. Bring a Bible. Fee, payable to The Foundation for Jewish Studies. Advance registration requested.

RSVP to (301) 770-4787 or e-mail foundjs@aol.com.



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YAHRZEITS

During April, we observe the Yahrzeiten of our loved ones:

<p>4/1 Bertha Leiter Harry Moskowitz Joseph Pozner Sidney Shmuckler</p> <p>4/2 Zahava Lev Rose Levy Mary Kozak Shore Herbert Siegel Sidney Weiss</p> <p>4/3 Elias Ruiz Benzaquen Rena Holzer Bleiberg David Lawrence Dubrow Anne Levitz Samuel Muller Ardie Scheinberg David Speevack</p> <p>4/4 Charles Brothers Rose Glickman Louis Kenner Adele Meyers Sarah Phillips Max Silverman</p> <p>4/5 Benjamin L. Kaplan Bess Leader Nathan Malinick Herman Rand Samuel Rosen Clare Waxler</p>	<p>4/6 Jacob Becker Rita Levine Berger Beatrice Cohen Adelle Goodman Naum Kogan Steven Kowaloff Dr. Jerome Miller Martin Owrutzky Millie Schwartz Ignac Varkonyi Alexander Wolf</p> <p>4/7 Marvin Goodman Berta Jerebitskiy Lee Kleinman Samuel Kolker Bronislawa Ziemak Rutkowska Henry Stahl Lori Zwibel Wilson</p> <p>4/8 Allan Amster Abraham Golub Fannie Polishook Ruth Siegell Harry Stein</p> <p>4/9 David H. Aaronson Frieda Adelson Sara Baron Esther Fox Frances Goldfarb Alicia Green Hilda Reed Louis Witlin</p>	<p>4/10 Sylvia Arbit Murray Asch Ada Finkel Marsha Palley Jack Pollino</p> <p>4/11 Hyman Bleishewitz Walter V. Chase Shirley Felcorn Beatrice Greenbaum Katherine Krantzman David Roffenbender Herman Rosenfeld Mollie White</p> <p>4/12 Jacob Solomon Levin Belle Levine EmmyLou Neil-Brown Elizabeth Reynolds Andrew Frank Schwartz Meyer Sushner</p> <p>4/13 Ethel Bloom Donna Benzaquen Chocron Samuel Dizenfeld Fae Feuer Barnet Lehrhaupt</p> <p>4/14 Rita Auerbach Rae Fishkin Yetta R. Frahm Lillian Kranz Sarah Rolnik</p> <p>4/15 Clara Edison Simon Goldberg Lillian Greenspon Edward Markowitz Abraham Willner</p>	<p>4/16 Louis Kohaner Connor Samuel Finkel Abraham A. Glickman Paul Goldsmith Carol A. Samuels</p> <p>4/17 Gertrude Dorosin Diana Friedman Madelyn Hecht Yetta Smith Marc Sonnenblick</p> <p>4/18 Margaret Silverman</p> <p>4/19 Esther Felsen Esther Glaser Edith Kane Rose Florence Lapidus Etta Marcus Philip Nachman Ruth Mae Moskowitz Rose</p> <p>4/20 Eva Campbell Jan Fried Oscar Lederhandler Max Lempel Albert A. Meyer Samuel Scher Arthur Siegel Edith Siegel</p> <p>4/21 Florence Liss Susan Merel Philip Plotkin Dale Pollino</p> <p>4/22 Evelyn Kraus Anne Wolf Miller</p>	<p>4/23 Shirley Brown Ruhlya Gabrilchuk Gerald Perlman Frieda Ungar George Zwibel</p> <p>4/24 Yanina Birke Erna Katz Bessie Pattashnick Carmine Signorelli</p> <p>4/25 Kate Bandrimer Herbert Reader Simon Zuckerman</p> <p>4/26 Miriam Argoff Harry Berger Jacob Klitzner Aaron Malakoff Sarah Weiner</p> <p>4/27 Hyman Goldfarb</p> <p>4/28 Roselyn Belgrade Julius L. Cohen Sam Eisenberg Miriam Herman Harriet Samuels Emil Stoeger</p> <p>4/29 Hyman N. Caplan Jules Fried Morris Lobel Boris Rabinowitz Leon Shmukler</p> <p>4/30 Isadore Baron Leland Russell Hill Louis Reisig</p>
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FROM OUR HEARTS

MAZAL TOV

We wish a hearty mazal tov to..

Jane & Bill Behrmann, on the birth of their granddaughter,
Elana Jean, daughter of Marcy & Jeff Frank
Ruth & Ed Diener, on the birth of their grandson, Alexander Irving,
son of Suzanne & Michael Diener
Bernice & Ed Stern, on the engagement of their grandson,
Morgan, to Elizabeth Petros

R'FUAH SH'LAYMAH

Louis Blacker
Ruth & Harry Leichter
Ruth Plotkin
Beth Rivelis

CONDOLENCE

We extend our deepest sympathy on the loss of..

Gisella Bennet, mother of Carol Cohen
Ruth Bergman, mother of Gary Bergman
Henry George Davis, grandfather of Cheri Belkowitz
Hyman Toobin, father of Michael Toobin

THANK YOU, VOLUNTEERS

The office staff would like to thank our faithful volunteers—we could not get along without them.

Andrea Fabian, Edith Krantzman, Connie Kreuter

The Editor thanks Betsy MacCarthy for reading galleys.

Please note:

The contemporary goes up on the web site about one week before the end of the preceding month, and extra copies are available in the OT office once it has mailed, so no one needs to go without the news.

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and click on "Publications."

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*Mazal Tov to everyone who donated to sustain
our Oneg-Kiddush Fund,
in honor of their April anniversaries.*

April 1-5

Judy & Noah Engelberg, Judy & John Gabel, Randee &
Jerrold Markowitz, Claire & Mark Tanenbaum

April 6-12

Anita & Stephen Dienstfrey, AnnEllen & Ed Feltcorn,
Barbara & Stephen Saperstone

April 13-19

Natalie & Paul Forbes, Melissa & Steve Hochberg,
Michelle & Paul Nash, Marie & Glenn Taubman

April 27-30

Marian & Allen Gorman

Thanks to

*Claire Tanenbaum and Beth Felsen,
who made this month's anniversary calls.*

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TZEDAKAH

We gratefully acknowledge the following contributions, which were received by February 28, 2007.

The Capital Improvement Fund enables us to provide funds for major, unbudgeted capital improvements to the current facility. We ask congregants to keep the Capital Improvement Fund in mind when making contributions to Olam Tikvah, whether to honor someone's memory or a simcha.

Please do not confuse this fund with the *Capital Campaign*, which is solely for the future expansion project of Olam Tikvah. Campaign solicitations are currently being made to the entire congregation.

CAPITAL IMPROVEMENT FUND

IN HONOR OF

25th wedding anniversary of Debbie & Mark Weber, by Kitty & Jack Timmes
 Birth of Hinda, daughter of Nureet & Elachon Gross, by Maddy & Rich Cassell
 Birth of Lauren, granddaughter of Beverly & Norman Polmar, by Randee & Jerry Markowitz
 Birth of Maya Rain Leichter, granddaughter of Ruth & Harry Leichter, great-granddaughter of Bernice & Jerry Massey, by Roberta & Henry Wulf
 Birthdays of Avi Shapiro, Devora Shapiro, Ivan & Ethan Carrier, by Pearl & Steve Raikin
 Ed Marion's special birthday, by Barbara Holleb; Norman & Barbara Brand; Roberta & Henry Wulf
 Engagement of Jeffrey Shaman to Amy Miller, by Randee & Jerry Markowitz
 Jerry Markowitz's retirement, by Roberta & Henry Wulf
 Julie Gale's achievement, by Ann & Barry Galton
 Wedding anniversary of Madeleine & Andre Rich, by Randee & Jerry Markowitz

IN MEMORY OF

Eva Amster, by Morale Funds—Dianne B. Pemerton
 Gertrude Wulf, by Roberta & Henry Wulf
 Hilda Ames, by Roberta & Henry Wulf
 Lynn Sacks, by Bette & Marvin Gordon; Fran & Ed Feiner; Florence & Al Bernstein
 Minna Rubin, by Chai Chavurah
 Niece of Barry Bielsker, by Roberta & Henry Wulf
 Ralph Berman, by Fran & Ed Feiner; Florence & Al Bernstein; Fran Kogan; Lois Karb & Phil Spector; Phyllis & Jack Lustig
FOR THE R'FUAH SH'LAYMAH OF
 Ben Levy, by Roberta & Henry Wulf
 Inga Willner, by Elaine Tolk; Phyllis & Jack Lustig; Roberta & Henry Wulf
 Lynn Phillips, by Elaine Tolk; Florence & Al Bernstein; Phyllis & Jack Lustig

CAREN PEARL FAMILY LIFE EDUCATION FUND

IN HONOR OF

Birth of our new grandson, Alexander Irving, son of Suzanne & Michael Diener, by Ruth & Ed Diener

COMFORT AND CONDOLENCE FUND

IN MEMORY OF

Eva Amster, by Debbie & Bernie Kritzer
 Frances M. Stein, by Betsy & John MacCarthy
 Olga Goldstein, by Dorothy & Jack Goldstein
 Ralph Berman, by Joan & George Samuels; Louise & Stan Levinson
 Steve's mother, by Lynn & Max Levin

EMANUEL PASSAMANECK PRAYER BOOK/TALIT

IN MEMORY OF

Elza Bernath, by Livia & Harold Jacob, Debra, Dena, Dori and David
 Helen Eisenson, by Deedy & Ed Eisenson

GERALD BRISSMAN/LYLE MILLER COLLEGE OUTREACH FUND

IN HONOR OF

25th wedding anniversary of Debbie & Mark Weber, by Gloria Brissman; Sue & Ken Cohn
 Aryeh Kalender's Bar Mitzvah, by Ed & Ruth Diener
 Birth of Evelyn Rachel Bloom, granddaughter of Susan & Allen Bloom, by Sue & Ken Cohn
 Ed Marion's special birthday, by Sue & Ken Cohn

IN MEMORY OF

Minna Rubin, by Sue & Ken Cohn
 Beatrice Seiler, by Gloria & Ira Seiler
FOR THE R'FUAH SH'LAYMAH OF
 Inga Willner, by Mimi & Len Levine
 Ira Seiler, by Mimi & Len Levine
 Joanne Levine, by Gloria Brissman
 Lynn Phillips, by Gloria & Ira Seiler; Mimi & Len Levine

ISRAEL QUEST FUND

IN HONOR OF

Aryeh Kalender's Bar Mitzvah, by Kitty & Jack Timmes
 Ed Marion's 60th birthday, by the Feltcorn Family
IN MEMORY OF
 Gisella Bennett, by Eileen & Norman Leshan
 Minna Rubin, by Eileen & Norman Leshan

JERRY WERBEL MEMORIAL LANDSCAPE FUND

A safe & happy move to Beverly & Bob Rosen, by Phyllis & Jack Lustig

IN HONOR OF

Bar Mitzvah of Eli Fuchsman, grandson of Dotty & Al Fuchsman, by Phyllis & Jack Lustig
 Ed Marion's special birthday, by Brenda & Marvin Klemow; Deedy & Ed Eisenson; Ruth & Al Ungerleider

IN MEMORY OF

Arnie Kaplan, by Judy Werbel
 Larry Willner, by Judy Werbel
 Paul Goldsmith, by Deedy & Ed Eisenson
 Ralph Berman, by Brenda & Marvin Klemow; Dotty & Al Fuchsman
 Richard Toobin, by Judy Werbel
 Steven Kaplan, by Judy Werbel
FOR THE R'FUAH SH'LAYMAH OF
 Inga Willner, by Brenda & Marvin Klemow; Deedy & Ed Eisenson; Dotty & Al Fuchsman; Judy Werbel; Sandy & Al Gabriel
 Ira Seiler, by Dotty & Al Fuchsman
 Lynn Phillips, by Brenda & Marvin Klemow; Deedy & Ed Eisenson; Dotty & Al Fuchsman; Judy Werbel; Sandy & Al Gabriel
 Michael Friedman, by Sandy & Al Gabriel

RABBI ITZHAQ M. KLIRS MEMORIAL ADULT EDUCATION FUND

Contributions to help support the Olam Tikvah Chorale may be so designated on your check. They are held in the Adult Education Fund for the sole benefit of the OT Chorale and are noted below as **(OTC)**.

IN HONOR OF

Bar Mitzvah of Eli Fuchsman, by Bernice & Ed Stern

IN MEMORY OF

Bert Schulman, by Fraida & Alan Zusman
 Minna Rubin, by Diane & Joel Miller; Fraida & Alan Zusman
 Arnie Kaplan, by Natalie & Julian Levine (OTC)
 Murray Berger, by Natalie & Julian Levine (OTC)
 Ralph Berman, by Natalie & Julian Levine (OTC)
 Steve Kaplan, by Natalie & Julian Levine (OTC)
FOR THE R'FUAH SH'LAYMAH OF
 Inga Willner, by Natalie & Julian Levine (OTC)
 Lynn Phillips, by Natalie & Julian Levine (OTC)
 Michael Friedman, by Natalie & Julian Levine (OTC)
 Ira Seiler, by Natalie & Julian Levine (OTC)

WALTER HAUSFELD PLAYGROUND FUND

IN HONOR OF

Birth of our first grandson, Seth Micah, son of Rachel & Philip Blumenthal, by Ellen & Marc Jacobs

TZEDAKAH

RABBI'S DISCRETIONARY FUND

IN HONOR OF

Bar Mitzvah of Aryeh Kalender, by Bobbie & Merv Dizenfeld

Jennifer Kugler's reading of the Torah, by Ruchel & Stephen Broadman

IN MEMORY OF

Abraham Freedman, by Barbara & Mitchell Wand

FOR THE R'FUAH SH'LAYMAH OF

Continued recovery of our blessed Rabbi, by Bobbie & Merv Dizenfeld

Inga Willner, by Dorothy & Jack Goldstein

My husband, Merv, & our father, by Bobbie Dizenfeld and sons

ROBERT NATKIN

RIGHTIOUS SCHOOL FUND

IN HONOR OF

Our children's Hebrew School Teachers, Mrs.

Retting, Mrs. Yellen, Mrs. Gross and Mrs.

Friedman, by the Simon Family

IN MEMORY OF

Minna Rubin, by Barbara & Stephen Marcus

TZEDAKAH FUND

IN HONOR OF

Barbara Villarruel's special birthday, by Sylvia & Stanley Gibberman

Ed Marion's special birthday, by the Vorcheimer Family

IN MEMORY OF

Alexander Glasser, by Norma Greenbaum

Arthur Rubin, by Carol & Jacob Klevan

Beatrice Kahn, by Lynn Phillips

Bess Schofer, by Sylvia Ambaruch

Bessie Marmur, by Shelia Felsen

Carol Znilek, by Pearl & Steve Raikin

Edith Rajskey, by Violet Gluck

Edward Felber, by Melvin Felber

Elaine Westreich, by Sharon Muller

Florence Guise Tuchman, by Cheryl Bloom

Florence & Gordon Levinson, by Debbie & Bernie Kritzer

Francis Klevan, by Carol & Jacob Klevan

Harry Krug, by John Krug

Herman Gluck, by Julius Gluck

Hyman Switkay, by Erma S. Kimmel

Ida Stein Laster, by Jerome Stein

Irene Billinson, by George Billinson

Joy Bloomgarden Barron, by Eileen Leshan

Karen Anne MacCarthy, by Betsy & John MacCarthy

Leo Schnellling, by Denise Katz

Lili Blumenthal, by Lisa Blumenthal

Marian Yerushalmi, by Iris Littwitz

Michael Shore, by Ilka Shore-Cooper

Minna Rubin, by Carol & David Cohen; Maxine & Ronald Sherwin

Monir Yerushalmi, by Iris Littwitz

Ralph Berman, by Beverly & Norman Polmar

Robert Vorcheimer, by the Vorcheimer Family

Rose Citron, by Al Citron

Siegfried Rosenthal, by Linda & Don Mitchell

FOR THE R'FUAH SH'LAYMAH OF

Inga Willner, by Beverly & Norman Polmar; Linda & Don Mitchell

Lynn Phillips, by Beverly & Norman Polmar

GENEALOGY, *Continued from page 9*

reservation, send an e-mail to JGSGW_DC@comcast.net or telephone (301) 330-3882.

The new edition of *Capital Collections: Resources for Jewish Genealogical Research in the Washington, DC Area*, the JGSGW publication, will be on sale for \$12 to members, \$18 to nonmembers.

A Clueless Amateur Visits Galicia,

1:00pm Schmooze time; 1:30pm Program

Speaker: Dr. Richard Roth

In the late spring of 2006, Richard Roth and his then 13-year old daughter traveled to Poland and the Ukraine on a personal search for the ancestral shtetls of Dr. Roth's grandparents. They traveled without a group, but at some points with a guide, for two weeks. The experience was captured in the photographs and notes he wrote for himself and his family. This program will explore the preparations, expectations and the experience, as seen through his eyes.

After the presentation, a panel of JGSGW members who have made shtetl trips will discuss their experiences and preparations and answer questions from the audience. Dr. Richard Roth is an Associate Professor in the Department of Mass Communication at Franklin Pierce College. He has taught communication courses in higher education full-time for twenty years. He has also worked, full time, in public broadcasting as an associate producer. His own education has been interdisciplinary, and has always had a liberal arts underpinning. He spent his sabbatical year in 2005-6 in Ireland, and it was during this time that he decided to pursue his ancestral shtetl trip.

For more information about this event, or for more information about JGSGW and membership details, see our website at <http://www.jewishgen.org/jgsgw/>

If you have any further questions about this program, send an e-mail to Rochelle Gershenow at rpgersh@comcast.net.

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SANCTUARY SCHEDULES

Shabbat Services

Friday 6:15pm, April 6, 13, 20 & 27
Saturday 9:30am
Mincha 5:30pm, April 21

Parshiot

Saturday, April 7	<i>Shabbat Chol Hamoed Pesach</i>
Saturday, April 14	<i>Parashah Sh'mini</i>
Saturday, April 21	<i>Parashah Tazria-Metzora</i>
Saturday, April 28	<i>Parashah Achare Mot-K'doshim</i>

Tot Shabbat, Shoreshim

11:00am, downstairs, April 14, 21 & 28

Babysitting

10:30am-12:15pm, every Shabbat morning

Other Services

Sunday, 9:00am & 8:00pm
Monday–Thursday, 8:00pm

PESACH SERVICES

<u>Date</u>	<u>Minyan Time</u>	<u>Candle Time</u>	<u>Service</u>
Monday, April 2	6:00pm	7:14pm	Mincha, early Ma'ariv
Tuesday, April 3	6:00pm	8:14pm	Mincha
Wednesday, April 4	8:15pm		Ma'ariv
Sunday, April 8	7:20pm	7:20pm	Ma'ariv
Monday, April 9	8:20pm	8:20pm	Ma'ariv
Tuesday, April 10	8:20pm	8:21pm, Chag over	Ma'ariv

April 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 7:30 AM Fast of First Born 6:00 PM Mincha/Ma'ariv <i>7:14pm Candles</i>	3 9:30 AM Service 6:00 PM Mincha <i>8:14pm Candles</i>	4 9:30 AM Service 8:15 PM Ma'ariv	5	6 6:15 PM Service <i>7:19pm Candles</i>	7 9:30 AM Service Chol Hamoed Pesach
Erev Pesach		OFFICE CLOSED		OFFICE OPEN		
Pesach		Pesach				
8 7:20 PM Ma'ariv Chol Hamoed Pesach <i>7:20pm Candles</i>	9 9:30 AM Service 8:20 PM Ma'ariv <i>8:20pm Candles</i>	10 9:30 AM Service 8:20 PM Ma'ariv Yizkor	11 9:15 AM Mishnah class	12 8:15 PM Board of Directors mtg	13 6:15 PM Service <i>7:25pm Candles</i>	14 9:30 AM Service 11:00 AM Jr. Cong; Shoreshim 1:00 PM B'reshit with Rashi Yonatan Paz
OFFICE CLOSED		OFFICE OPEN				
Pesach		Pesach				
15 9:00 AM OTRS Gr 2 Parent Ed 9:30 AM Sis Exec Board mtg 6:00 PM LEI classes See Overflow, below	16 Yom HaShoah	17 7:20 PM OT Chorale	18 9:15 AM Mishnah class 8:30 PM Men's Club Board mtg 8:30 PM Talmud study class	19 Rosh Chodesh	20 6:15 PM Gr 2 & 3 Shabbat Dinner 6:15 PM Service <i>7:32pm Candles</i>	21 9:30 AM Service 11:00 AM Jr. Cong; Shoreshim 5:30 PM Mincha Daniel Seidman
Pesach		Pesach				
22 9:00 AM OTRS Yom Ha'Atzmaut 9:30 AM Sis Board mtg 8:15 PM Pre-College Class 6:45 PM Adult Meditation *See Overflow, below.	23 Yom HaZikaron	24 7:20 PM OT Chorale Yom Ha'Atzmaut	25 9:15 AM Mishnah class 8:20 PM Education committee mtg	26	27 6:15 PM Service <i>7:39pm Candles</i>	28 9:30 AM Service 11:00 AM Jr. Cong; Shoreshim 1:00 PM B'reshit with Rashi Eli Hochberg
Pesach		Pesach				
29 See Overflow, below. 8:30 AM Sukkot in April 9:30 AM Sis Final Brunch 5:30 PM JTS Dinner-out 7:30PM ABBA	30					

Please check www.olamtikvah.org, the listserv and the weekly announcements for calendar updates.

***Overflow:**

***Sunday, April 15:** 2:00pm Machar, 5:00pm Kol NoVa, 5:30pm Cub Scouts

***Sunday, April 22:** 11:15am Girl Scouts, 11:30am Jewish Gen. Society, 5:00pm Kol NoVa, 5:30pm Cub Scouts

***Sunday, April 29:** 11:15am Girl Scouts, 5:00pm Kol NoVa, 5:30pm Cub Scouts

The Contemporary

Congregation Olam Tikvah
3800 Glenbrook Road
Fairfax, Virginia 22031-3199

Founded in 1964

Affiliated with United Synagogue of Conservative Judaism

Business Office(703) 425-1880
Fax(703) 425-0835
Religious School(703) 425-3237
Preschool.....(703) 425-1886
Web Page www.olamtikvah.org

David Kalender Rabbi
Joshua Ben-Gideon Associate Rabbi
Fred Cooper President
Rachelle Palley Synagogue Administrator
Marian Gorman Education & Youth Activities Director
Melissa Benson Membership Coordinator
Leona Shoon Advertising Coordinator
Lisa Friedman Editor, lisafriedman@cox.net

NEXT DEADLINE: Sunday, April 1, 2007, 11:00am

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USHERING is for every Saturday morning and Friday evenings when there is an 8:00pm service. Please arrive 15 minutes before services (Fridays: 7:45pm for the 8:00pm service; Saturday mornings: 9:15am). Please call the Board member in charge if you cannot participate.

April 7

M. Busman
J. Buxbaum
D. Buzzell
M. Cassell
B. Castel
W. Cather
Irv Varkonyi
(703) 503-9232

April 14

T. Chang
A. Chickinsky
A. Chmara
A. Citron
C. Cohen
B. Cohen
Pat Tamburrino
(703) 250-2744

April 21

I. Cohen
J. Cohen
L. Cohen
D. Cohen
W. Cohen
D. Cohen
Ilan Sussan
(703) 319-1984

April 28

W. Cohen-Brown
L. Connor
L. Conover
W. Cornette
V. Cukierman
M. Cury
Maurine Simon
(703) 280-4805

MINYAN is held on Sundays, 9:00am & 8:00pm, and Monday-Thursday at 8:00pm. Please call the Ritual Committee coordinator in charge if you cannot participate. Any male or female Jewish adult, above B'nai Mitzvah age, can participate.

April 1-5

S. Marcus
M. Marcus
J. Marden
D. Margulies
E. Marion
H. Marshall
J. Marzouk
S. Masri
D. Massarik
R. Mayer
D. Meiselman
M. Melnicove
G. Frishman
(703) 299-9316

April 8-12

P. Mendelson
L. Mendlow
M. Meyer
A. Meyers
J. Michaels
G. Michaelson
D. Milewich
T. Miller
J. Miller
S. Miller
A. Miller
S. Mink
A. Hiller
(703) 281-0440

April 15-19

R. Montag
A. Moshell
S. Muldoon
S. Muller
A. Munro
E. Murray
H. Myers
E. Nachum
P. Nash
H. Nemon
L. Nisenoff
L. Noble
I. Jacobs
(703) 759-6041

April 22-26

P. Nowak
B. Nussbaum
L. Oleinick
P. Olitsky
J. Oppenheim
L. Ortiz
S. Oshry
L. Oskin
L. Pafe
H. Palchik
R. Parker
J. Paul
J. Markowitz
(703) 503-5549

April 29-May 3

B. Paz
D. Pearlstein
M. Perlberg
S. Persky
K. Pfeiffer
S. Phillips
L. Phillips
J. Pincus
A. Pinto
R. Plotnick
M. Pohl
L. Polisky
D. Sacarob
(703) 256-4166